

Sandwiches

- Local Crab Sandwich GF*** 11.00
Served on wholemeal bread with house salad & skin-on fries
- Prawn Marie Rose Sandwich GF*** 9.00
Served on wholemeal bread with house salad & skin-on fries

From the Range



Enjoy your favourite award-winning recipes from Trenchers, made with our signature batter and cooked by the same skilled staff you know from our original site.

- Small Cod** 15.95
Served with chips, lemon wedge & Trenchers tartare sauce
- Regular Cod** 19.95
Served with chips, lemon wedge & Trenchers tartare sauce
- Regular Haddock** 19.95
Served with chips, lemon wedge & Trenchers tartare sauce
- Regular Hake** 15.95
Served with chips, lemon wedge & Trenchers tartare sauce
- King Prawns & Fish Bites** 21.95
Served with chips, house salad, lemon wedge & sweet chilli sauce
- Whitby Scampi** 19.95
Served with chips, garden peas, lemon wedge & tartare sauce
- Jumbo Chip Shop Sausages** 14.95
Served with chips & gravy
- Trenchers Fishcakes** 15.95
Served with chips, house salad, lemon wedge & Trenchers tartare sauce

Did you know? We fry our fish and chips in traditional beef dripping for a perfectly golden crunch and rich, irresistible flavour. Its high smoke point ensures everything is cooked to perfection, keeping the authentic fish & chips tradition alive.

Tapas

Order as many tapas dishes as you like - though we recommend around three per person. Served as small bites, ideal for sampling our signature flavours.

3 for £15

- Shetland Mussels GF** 6.50
Served in white cream & parsley sauce
- Tempura King Prawns (3) GF** 6.50
Served with Asian dipping sauce
- Teriyaki Glazed Pork Belly** 6.50
Sesame seeds
- Local Crab Salad GF** 6.00
Served with apple & herb oil
- Crispy Chicken Wings (3)** 6.00
Served with chipotle relish
- Halloumi Fries V** 6.00
Served with ranch dressing
- Heritage Tomato & Burrata Salad V VG* GF** 5.00
Olive oil, basil
- Salt & Pepper Squid** 6.00
Served with sriracha mayonnaise & micro coriander
- Cumin Spiced Hummus VG GF*** 5.00
Served with toasted flatbread
- Whitby Scampi (5) GF*** 6.50
Served with Trenchers tartare sauce & lemon wedge
- Lindisfarne Oysters (2) GF** 6.50
Served with mignonette sauce & lemon wedge
- Fish Bites (2)** 5.50
Served with mayonnaise, micro parsley & lemon wedge
- Trenchers Mini Fish Cakes (2)** 6.00
Served with baby gem lettuce & red onion salad

Our à la carte evening menu features luxury seafood and meat dishes, served from 5.00pm to 8.30pm. Please ask your server for a copy.

Sides

- Sourdough with Salted Butter** 4.00
- Lemon & Herb Marinated Olives VG GF** 4.00
- Beef Dripping Chips** 4.95
- Skin-On Fries GF** 4.95
- Parmesan & Truffle Skin-On Fries GF** 5.25
- Tenderstem Broccoli V GF** 4.95
Sesame dressing
- Curry Sauce** 2.75
- Gravy GF** 2.75
- Mushy Peas VG GF** 2.75
- Garden Peas VG GF** 2.75
- Bread & Butter GF*** 0.50

Desserts

- Artisan Cheese Selection GF*** 9.00
Served with chutney, grapes & crackers
- Sticky Toffee Pudding V** 8.00
Served in butterscotch sauce with vanilla ice cream
- Lemon Cheesecake** 8.00
Served with raspberries & vanilla ice cream
- Milk Chocolate Tart V** 8.00
Served with salted caramel ice cream
- Affogato V** 7.50
Vanilla ice cream served with espresso
- Selection of Ice Cream or Sorbet VG*** 6.00
Ask your server for today's choice



Children's Menu

For children 12 years & under.

Main Course, Dessert & a Glass of Squash or Milk £8.95

Junior Cod

Jumbo Sausage

Whitby Scampi

Chicken Nuggets

All served with chips & baked beans, mushy peas or garden peas

Tomato Pasta V GF

Gluten free pasta served with tomato sauce & grated cheese

Desserts

Chocolate Brownie V

Served with ice cream

Ice Cream V

Vanilla, chocolate or strawberry ice cream served with strawberry or chocolate sauce

Ice Lolly V

Ask your server for today's choice



Dietary: V Vegetarian VG Vegan GF Gluten Free
VG* Vegan on Request GF* Gluten Free on Request

Allergens: If you require information about any ingredients or allergens in our dishes, please ask a member of staff. Should you have concerns about a food allergy or intolerance, please speak to our staff before you order your food or drink.

Please note: when eating Oysters, they are a living organism and some people may experience intolerance, particularly when eating for the first time or when consumed with alcohol. **Please note:** we use genetically modified oil.

TIDE
BY TRENCHERS

Lunch Menu

(Served 12pm – 5pm)